

Gift Card Terms & Conditions

The below terms and conditions outlay the uses of the Gift card, and where appropriate, the terms 'card' & 'voucher' refer to the pre-purchase of a therapy session at The Firm.

Each Gift card is sold separately and for the purpose of redeeming a 1-hour session per card for any massage therapy treatment provided by the company at the time of redemption. Upon purchase of your voucher, we will note who this has been paid for, paid by and the corresponding voucher code supplied at the time of purchase.

Gift Cards after subject to availability and can only be used within operating hours of the company as are listed, when a free session is available and only for the treatment available at the time of redemption. Each Gift card is valid for 2 years from the day immediately after the date of purchase and will not be honored or refunded once this period has expired. Gift cards cannot and will not be refunded under any circumstances except for the reasons detailed below in extenuating circumstances

Extenuating circumstances have been listed below and their corresponding actions adjacent.

- Company Closure: Purchased Gift vouchers will be accounted for and refunds provided to the original payor.
- Force Majeure: if 6 months has passed since the time of purchase and the company & its services cannot be used at the mandate of governing bodies, we will issue a refund to the original payor.
- Treatment subject to contraindications to massage (see end of document for examples).

Lost Cards

If the original card has been lost, we require the original payor to contact us so we may look to review the situation. We may at our discretion and fair assessment of any related risks activate our ability to withdraw the validity of the original voucher on issue of a new voucher. This is not guaranteed and the recipient and buyer are entirely liable for losing their voucher.

We reserve the right to update all terms at any time the company deems fit, in line with the legislation of the government, the fair treatment of our clients and for continuity of the company.



Contraindications Checklist.

Systemic

Osteomalacia

Rickets

Muscular dystrophy

Meningitis, brain haemorrhage, brain tumour

Stroke

Transient ischaemic attack (TIA)

Severe headache/ migraine

Epilepsy

Motor nerve disorders
(Parkinson's, multiple sclerosis)

Alcohol or drug intoxication

Diabetes

Skin infections (impetigo, ringworm, scabies)

Infectious or non- infectious
respiratory conditions (e.g. colds,
flu, bronchitis)

**Heart attack/heart failure/
angina**

Arteriosclerosis/atherosclerosis

Deep Vein Thrombosis

Allergies

Cancer

Local

Injuries, spasms, cramps

Bone fractures

Ligament sprain (tear or rupture)

Bursitis

Excessive spinal curvature

Osteoporosis

Osteoarthritis

Rheumatoid arthritis

Joint replacement

Fibromyalgia

Herniated or slipped disc

Burns (including sunburn)

Low back pain

Contagious or non- contagious skin
conditions

**Hypertension (high blood
pressure)**

Varicose veins

Oedema

Please read through these lists carefully and inform your Sports Massage Therapist if you currently have, or have had in the last 6 months, any of these symptoms or conditions. This will help to inform your therapist to tailor your massage experience safely and comfortably for you.